



**ICE SPORTS**  
Tasmania

#### Our vision

Ice Sports Tasmania is committed to promoting, advancing, and supporting all-inclusive participation in ice-based sports and recreation in Tasmania.

Our vision is to ensure that a fit for purpose ice rink facility continues to exist in Tasmania to serve the needs of our athletes and the community.

#### Our Team

Anna Holliday  
(President)

Kirra Taylerson  
(Secretary)

Katrina Pailthorpe  
(Treasurer)

Jen Rayner

Katie White

Mal Moss  
(IHT representative)

Amy Pailthorpe  
(FSAT representative)

# NEWSLETTER

Issue 18 - April 2023



And welcome to **edition 18** of the IST Community newsletter, our way to help keep you— our ice sports community, connected and up to date as we work together to secure a future home for our sports. There are no new updates from government on the Feasibility Study.



However IST want to **THANK YOU** to the **2971** people who completed our *Community Impact Survey* during March. This edition of the newsletter includes an overview of the primary themes and results from the survey.

Your responses gave a **consistent and strong call to action and support for a new rink**, alongside over 2700 personal testimonials sharing diverse and moving insights into the devastating and continuing impact it is having on our community.

**Every day without a local ice rink matters to our community.** You shared the dramatic impact the loss of a rink in Tasmania is having on your physical, social, psychological and emotional wellbeing. We are concerned for our community, and are continuing to work hard for you to achieve a new ice sports facility here in Tasmania.

As promised, IST has shared the de-identified results of our survey to the Tasmanian government (Minister Nic Street and team) and their consultants doing the Feasibility Study. We did this to support them to understand the current community experience, impact of no rink and the demand for a new ice sports facility in our State.

Thank you for your courageous and honest testimonials. We were humbled and privileged to share them to the decision makers who hold the future of our sports in their hands— we are confident they will listen to us and acknowledge the profound need and commitment in our community to a new ice sports facility and a strong and robust future for our existing and new local ice sports.



Most people who answered the survey were Tasmanian athletes, ice sports officials and local interested community members.

**Psychological impact:** On average 2 negative psychological impacts were recorded for each respondent with the highest number of responses were (in order):

- Depression
- Sadness
- Anxiety
- Loss of motivation and
- Decreased sense of community

**Physical impact:** 38% of respondents are less active now

**Social impact:** 47% of respondents are less connected to others now

**Emotional impact:** 85% of respondents felt upset about not having an ice rink in Tasmania

**82% of respondents visited the ice rink more than once per month**

**95% of respondents said they will use a new ice sports facility if it is built in Tasmania!**



“My child is unhappy every day, but taking him to a skating rink in another city is a lot of trouble for the family and an additional expense that we just cannot afford. It’s breaking us.”

“I am sad, depressed & I’m the loneliest I’ve ever felt in my life. Hockey was everything to me, it’s all I had & it got me through some tough times. I don’t have motivation, I’m socially isolated & the feeling of aloneness haunts me.”

“It was as if I had lost a good friend, I felt sad and (an) inexplicable sense of loss, which made me lose my motivation, goal and upset”

“Very sad for the Tasmanian Skating Community. The focal point of the skating was the rink and the community within the walls”

“It means my child cannot skate. After the hard work, passion and resources we used to support her and other athletes for so many years this is heart breaking”

“We are the only State without one”

“Why should our state miss out”

**IST Values**

To act with **integrity, transparency and professionalism.**

Treat people with **honesty, fairness, and mutual respect.**

Be **responsible and accountable** for our decisions and actions as individuals and as an organisation.

Be **open** to different perspectives and **attitudes** and respect the inherent dignity, belief, and **human rights** of all individuals.

Harness individual **diversity** and promote **equality and inclusivity.**

Act responsibly to promote and to contribute to the achievement of **environmental sustainability.**

Acknowledge our responsibility to **contribute to the communities** in which we operate.

**Reminder: IST co-ordinated group trips are continuing each month to Melbourne, with dates now locked in until end of August 2023. The next trip is April 29/30. Please email us (team@icesportstasmania.com.au) for the other dates and if you would like to join in the fun so we can help maximise your access to programs, clinics, coaching and support. All welcome!**

**FUNDRAISING AND PARTNERSHIP OFFER UPDATES**

IST is also continuing to offer financial support to any eligible FSAT or IHT member to help with the cost of travel. Please note that all funds are completely dependent on the fundraising efforts—the more money we raise, the more athletes and officials we can support!

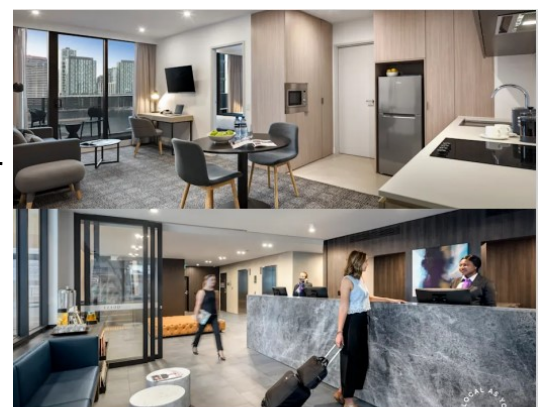
**GRATITUDE**



Special shout out this month to Steadfast Taswide Insurance Brokers who (for the second year) have made a generous donation to Ice Sports Tasmania. This donation will go directly back to fund skaters who are travelling to Melbourne to train or compete. Here's Mal and Amy saying thanks! (image left).

Thank you also to Quest New Quay who have also signed on to offer their discounted accommodation rates in their beautiful Docklands site, Victoria.

Simply enter the IST Code ( ICE20) to receive 20% off rack rates!



**Discounted accommodation rates for ICE Sports Tasmania**

WALKING DISTANCE TO O'BRIEN ICEHOUSE  
20% off our lowest online rates  
Enter the promo code ICE20 on questnewquay.com.au to receive this special offer.  
•All rooms feature a private balcony  
•24 hour Reception, parking available \$20 per day  
•FREE use of business lounge & 24 hour gym  
Valid for stays between 1 April 2023 - 30 Dec 2023.  
Valid on all room types, subject to availability



## An update from our sports...

From Mal on the current focus for Ice Hockey Tasmania:

### Public Thanks

As we know living without a rink has forced a lot of our athletes to keep their sporting passion engaged through other sports pursuits or travelling interstate. The groundswell of support does not go un-noticed and a community thanks is not limited to but includes

- The Pike Family – following the recent successful Bendigo inline hockey trip the Pikes engaged the community and brought together a multi-day training event at the Olympic Ice Rink in Melbourne, coached by none other than the renowned Joey Hughes.
- GSD Advisors – GSD have always been forefront in support and development of hockey and its athletes, and we would like to recognise the financial and networking support they provided to the training events at the Olympic Ice Rink facility in making that trip a success.
- Steadfast Insurance – Steadfast have proudly and generously donated a substantial sum of money to IST which provides the opportunity of financial assistance for all travelling ice sports athletes to reduce the financial burden that little bit, so we thank you.

### Interstate Activity

As previously mentioned, we had a cohort of athletes both young and old out on the ice in Melbourne on a three-day training camp which was enjoyed by everyone who attended. The acuity of the coaching provided by Joey Hughes meant that everyone involved showed substantial development and kept the ice hockey passion burning. Looking forward to the future, we already have junior and senior athletes booked in for training and coaching certifications all over the country in the coming months.

### Success Off the Ice

This month saw both young and old athletes competing in the Bendigo Cup inline hockey tournament.

Tasmania had a strong showing with athletes competing which resulted in the selection of some of our brightest onto the Aussie Roo's inline hockey team which is set to compete in the State Wars tournament in the USA later in the year, congratulations to them all.

Finally, we look forward to the ACC Inline Hockey Championships over easter where our adult players will be out showcasing their skills in an effort to bring home a championship. We had great success last year and best of luck to all those travelling away to compete.



From Amy on the current focus for  
**Figure Skating Association of Tasmania:**  
**Interstate trips**



Once again this month, a group of FSAT Members participated in the March IST group trip to O'Brien Icehouse in Melbourne. They all had an amazing time back on the ice again, and with some additional investment from the coaching team to support ongoing strength and condition training back home (off-ice), they all came away feeling extra motivated and positively about their ability to keep focused and achieve in their skating goals. We are already counting the sleeps until the next trip at the end of April!

**Off-ice activities to help us stay connected to each other and to figure skating**

Abby and Amy held an off ice class again this month - everyone worked extremely hard, and a great time was had by all. The off-ice workshops are now an essential component of our home based strength and conditioning training as well as creating opportunities for our athletes to stay connected to each other.



FSAT are hosting another 'Off Ice Workshop' for its members in May - we are super excited to have some new and fun classes during the workshop. Anyone interested in attending should keep an eye on the FSAT Facebook page or reach out to us via [fsatas@gmail.com](mailto:fsatas@gmail.com)

**Fundraising**

To assist with running the off ice workshop, FSAT are having a Mother's Day Raffle. There are many amazing prizes to be won! Tickets are selling now, head to FSAT Facebook page to grab your tickets.

**Gratitude**

Thank you to IST for it's ongoing support for our members. We appreciate all the hard work that you all do.